



CONNECTING WITH THE LAND AND THE SEA

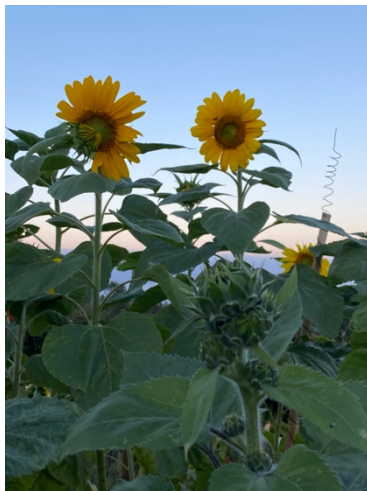
February 4-9, 2024 and/or
February 11-16, 2024
Kona, Hawaii

*Connecting with Mother
Nature...both on the Land and the
Sea*

So much is happening as we create our new magical Earth reality and on this Hawaii retreat, we will be bridging the land and the sea together. The dolphins hold a rainbow auric field and are asking us to bring the ocean's energy to the land and the land's energy to the ocean through a rainbow bridge. In Hawaiian, the land is known as the A'ina and the sea is known as Kai.

There has been a "changing of the guard" as many ancestors and protectors of the a'ina have fulfilled their duties, thus leaving the a'ina, and now, new ancestors and protectors have taken root. This is happening all over the world. Frequencies are shifting rapidly on the land and sea as our cycles shift into a less dense reality. This is not good or bad, but just is, as we move along the spiraling of frequencies.

Anything of the denser, old cycle will no longer be supported and will begin to crumble. This is an honoring of where we have been and where we are going. We came here at this time to assist in shifting these cycles and you may feel "called" to be here at this time with us.



This is an exceptional time to come to Hawaii to relax and rejuvenate while being with the cetaceans and the sacred land as they have many messages for humanity while filling our hearts with joy. All of Nature is rejoicing as more and more of humanity is remembering our deeper connection to Mother Nature.

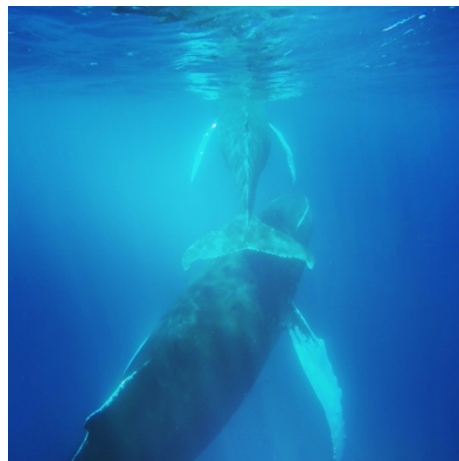
On this retreat, we will spend time on the water with the dolphins and whales as well as spending time on our 7 acres of sacred land, TeHana Ohana, with the ancestors, elementals, trees, gardens, bees, chickens, birds, cats, ducks, dogs, flowers, nature spirits, and devas. This land is full of abundance and is the land "where people think different."

You can let go of any worries or anxieties and ask the land and sea to assist you in releasing, as well as bringing in your new guidance. This is also a special time as the Humpback whales will be here in Hawaii...playing, dancing, birthing their

young, and mating. These amazing beings hold the history of this Earth and carry a powerful yet, gentle wisdom within. They sing the new frequencies of this world into the ocean floor that is carried along the ley lines of this Earth.

We have all been going through “the eye of the needle” as our paradigm is shifting in every way and we are being asked to embrace the unknown as we create what type of reality system that we want to live in. This retreat is for those who are looking to enter into pure joy and remembering as well as, learning and playing with our Mother Nature friends!

Remembering how to connect and hear Mother Nature in her many forms will be discussed and experienced in this retreat. Connecting with a tree, manta ray, duck, elemental, fairy, whale, or even the lava rocks will remind us how everything is conscious and listening. Everything is aware and once we remember how to tune into their frequency, a whole new world opens for us. All of Mother Nature desires contact with us humans and asks us to take our place as co-creators of this reality system. We will be transformed by the love and joy of the land and sea beings, while merging with their essence.

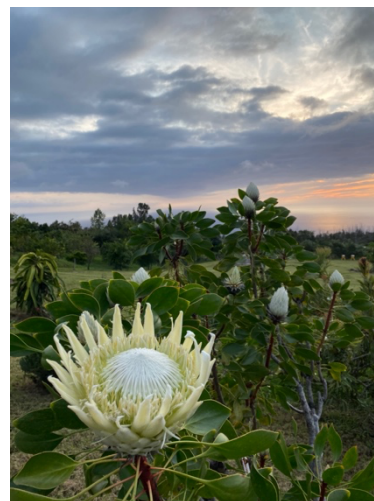


We will be going out with a fantastic crew on a boat who assist us in the water. There are many pods of dolphins in our warm waters year round as well as pilot whales and many other types of cetaceans. A night dive with the majestic manta rays will connect us with the gentleness of these powerful beings. We will swim with the cetaceans during the days on the boat and then, in the afternoons, we will come together with teachings, discussions, sharings, and meditations that will deepen our connections to the

ocean, cetaceans, land, birds, plants, and animals, as well as, our awareness and consciousness.

TeHana means “To Shine” in Maori and Ohana means “Family” and/or “To Gather” in Hawaiian. TeHana Ohana is from the land to the oceans to the stars. She offers over 150 producing avocado trees and other trees including: coffee, cacao, banana, papaya, guava, cherries, mango, sapote, lychee, dragon fruit, orange, lemon, Kona lime, pohia berry, black berries, tree tomatoes, fig and more. Our gardens include: ube (purple sweet potato), cassava, lima beans, taro, yacon, asparagus, pineapples and more. We are working with the latest copper technology to enhance growth and feed our land with free energy.

When we are at TeHana Ohana, we will be connecting with the land and all the inhabitants, allowing her to shift our frequencies as we choose. This is a special multidimensional place on sacred land where the people think different. Being here at Tehana Ohana will





be an incredible experience on those days as these higher energies “rewire” us into our new ways of seeing the world.

This week long retreat allows us to experience heart-centered communication, access the expanded awareness of group consciousness, and practice personal mastery skills to live in a multiverse reality of unlimited potential. Some topics covered and experienced in this retreat will be: how Mother Nature communicates with us, expansion of consciousness with light and living water, the nature of reality, the power of our

imagination, and our multidimensional nature.

With the Mother Nature as our guide, we will play in higher dimensional consciousness and experience our core essence without the confines of space and time. Come and remember a different way of being in this world...where you live and play in joy, fun, and laughter!

Is your heart calling you to join us?

We would love to see you!



HOSTS AND GUIDES:

Your hosts and guides for the seminar will be Hydee Tehana and Lisa Denning.



Hydee Tehana, M.S. is your seminar host and guide for your journey. Hydee has a deep love of all of Mother Nature which has always been part of her life. Life opened up for her more deeply over 20 years ago when life stopped making sense and began questioning all she was ever taught. Hydee began remembering her past lives and lives in other realms. She met the wild dolphins in 2013 which changed her life and began to remember even more of her connections with them and all the cetaceans. Hydee loves to swim in the ocean and to be with all the oceanic beings, as well as be on the land, in the mountains, and forests. By listening and allowing her guidance to take charge, she began following the intuition of her heart.

Hydee has deeply explored many topics including the cetaceans, nature of reality, sacred geometry, multidimensionality, power of our mind, light, time travel, our multidimensional heart, sound, language of energy, Mother Nature, living water, space travel, and more. She has a background as a firefighter/paramedic for over 20 years which allowed her to be with people as they crossed over and helping people at their toughest times. Spirit guided her to retire from the fire department to a new spiritual path of sharing, teaching, and writing. Hydee is an author, visionary, teacher, speaker, coach, and guide. For more information, see www.hydeetehana.com



Lisa Denning is your seminar host and guide for your journey. She is an adventurer, photographer, mermaid, writer, and seeker of fun. Lisa has always been an ocean being and this is where she feels most alive and connected to the truth of who she is. She grew up in New Orleans and moved to the Big Island of Hawaii in 1999 because her soul was calling her to the ocean to be with the dolphins and to heal. Lisa was ready to find out more about the connection she had been feeling with them all of her life. On her first swim in the Hawaii waters, Lisa was surrounded by a pod of wild dolphins and welcomed into their pod. For the last 24 years, she continues swimming with them, diving deeper into parts of herself.

Lisa has traveled around the world to meet many species of dolphins and whales while capturing these magical moments on film and with photographs. She has co-led retreats in many locations with dolphins and whales for the last 24 years. Lisa is also the co-founder of Light ON Foundation in Kona, which provides healing opportunities for survivors of sexual assault, domestic violence, and other forms of personal trauma. She is passionate about introducing others to our ocean family. The dolphins and whales are choosing to make contact with humans more and more. We have so much to learn from these magnificent beings. For more information, see www.lisadenning.com You can also see her shop at <https://www.etsy.com/shop/LisaDenningImages>.



COST: \$1777

LOCATION: Kailua-Kona and Captain Cook, Hawaii

DATES: One or both weeks

Week 1:

Opening time: 1 pm on February 4, 2024. Closing time: 6 pm on February 9, 2024

Week 2:

Opening time: 1 pm on February 11, 2024. Closing time: 6 pm on February 16, 2024

INCLUDES:

3 boat trips including 2 exclusive mornings with the cetaceans and our ocean friends, 1 evening boat trip/swim with the Manta Rays, 2 days on our land/farm (TeHana Ohana), teachings/discussions, beach day, meditations, and sharings. Meals will be provided on boat days as well as at TeHana Ohana.

WHAT'S NOT INCLUDED:

Airfare, accommodations, transportation, and some meals (breakfast and dinners). Trip cancellation insurance is encouraged, if desired.

ADDITIONAL INFORMATION:**Airport:**

Kona International Airport at Keahole (KOA)

Lodging:

There are lots of hotels in the area. You can look at ones in Kailua-Kona (Kona), Captain Cook, or Kealahou which are close to all. We do have some friends who will rent rooms in their home if interested. There is also the Manago Hotel in Captain Cook, Outrigger in Keauhou Bay, and many Air BnB's if you go to www.airbnb.com/kailua-kona-hi/stays

**HOW TO REGISTER:**

Contact Lisa Denning at lisa@lisadenning.com

Pay \$500 deposit to hold your space.

Additional payment of \$1277 is due on or before December 15, 2023.

ADDITIONAL QUESTIONS:

lisa@lisadenning.com

SEMINAR DEPOSIT INFORMATION:

All seminars require a deposit and signed liability waiver to reserve your space. More detailed information will be sent to you upon registering.

CANCELLATION POLICY:

Payments are fully refundable till 1/1/24 minus a \$200 fee. 50% refundable through 1/15/24 and 25% through 1/30/24.

No refunds will be given for late arrivals or early departures or if improper documentation results in denied plane boarding.

Thank you!

